



# February Newsletter

BABY SHOWERS | KIDDIE PARTIES

Will you  
be my  
Valentine?

# *Product of the Month*

## Obagi Nu-Derm System Kits



♡ 20% OFF! ♡

The #1 Prescription-Strength, Physician Dispensed Skincare System

A total systematic approach to skin care. Addresses signs of aging, gently exfoliates to promote cell turnover, and suppresses melanocyte activity to reduce

hyperpigmentation.

### Clinically Proven Results

In a clinical study, patients using Obagi Nu-Derm saw noticeable results, including reduced pigmentation, improved skin tone and texture, and a decrease in fine lines and wrinkles.

In this 24-week study, patients used Obagi Nu-Derm RX plus a 1.0% retinol twice daily.

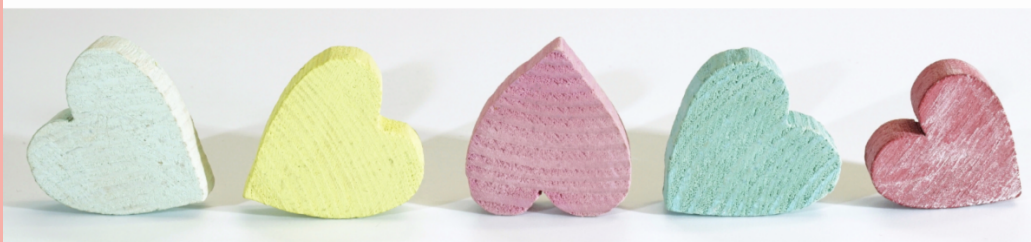


Baseline



Week 18

*Special of the Month*





# \$300 OFF Our PRP Facial & PRP Face Lift!

Our PRP Facial consists of microneedling with PRP, and our PRP face lift is PRP combined with a Hyaluronic Acid based filler.

\* Must be purchased by February 28th, 2021 and procedure scheduled by March 26th, 2021 in order to qualify for Special

\*

Call to schedule  
your cosmetic  
consultation with  
Cara Cohen, PA-C,  
MPAS  
to find out which  
procedure is right for  
you!  
610.983.3980

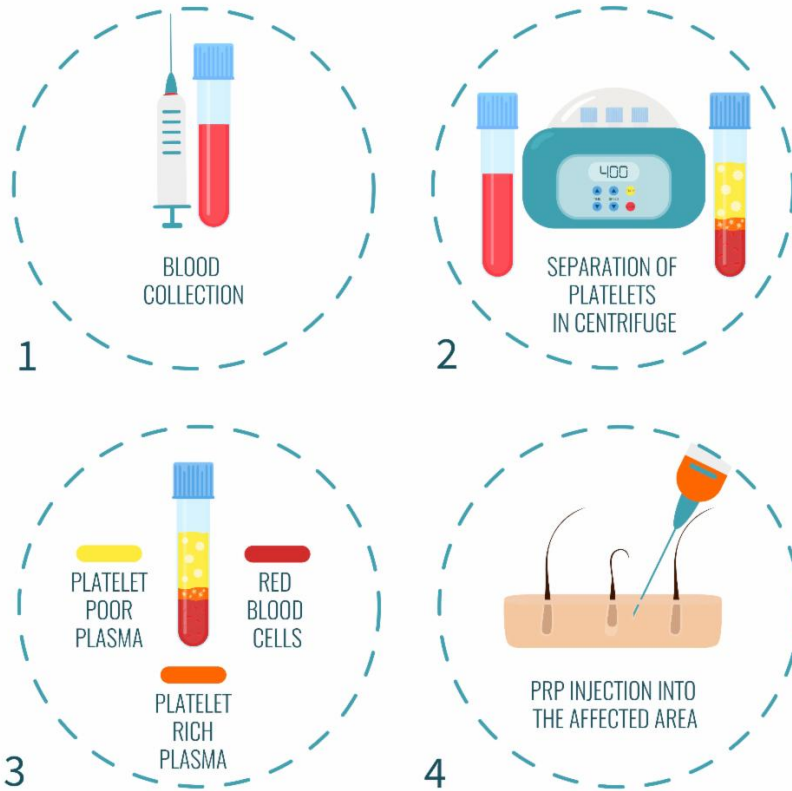


Cara Cohen, PA-C, MPAS

Cara Cohen, PA-C, MPAS, is a Nationally Board Certified Physician Assistant who has been practicing Medical and Cosmetic Dermatology since 2004. She obtained her Bachelors degree from Pennsylvania State University and her Masters degree in Physician Assistant Studies from Philadelphia University.

## How PRP Works:

# PRP PROCEDURE



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## *How to Prevent and Treat Dry, Chapped Lips this Winter*



Cold, dry weather, sun damage, and frequently licking your lips are just some of the reasons your lips might feel dry and chapped.

Follow these tips to help care for your lips this winter.

Apply a non-irritating lip balm several times a day and before bed. Ingredients to avoid while your lips are chapped:

- Camphor
- Eucalyptus
- Flavoring: Cinnamon, citrus, mint, and peppermint flavors can be especially irritating to dry, chapped lips
- Fragrance
- Lanolin
- Menthol
- Octinoxate or oxybenzone
- Phenol (or phenyl)
- Propyl gallate
- Salicylic acid

If your lips are very dry and cracked, try a thick ointment, such as white petroleum jelly. Ointment seals in water longer than waxes or oils.

Apply a non-irritating lip balm with SPF 30 or higher before going outdoors. Even in the winter, it's important to protect your lips from the sun. The sun can burn dry, chapped lips more easily, which could trigger cold sores.

Drink plenty of water. Chapped lips are dry lips, so you want to stay hydrated.

Stop licking, biting, and picking at your lips. When lips feel dry, it may feel natural to wet them by licking them, but this can worsen the problem. As saliva evaporates, your lips become drier. Picking or biting your lips also irritates them, which can prevent healing.

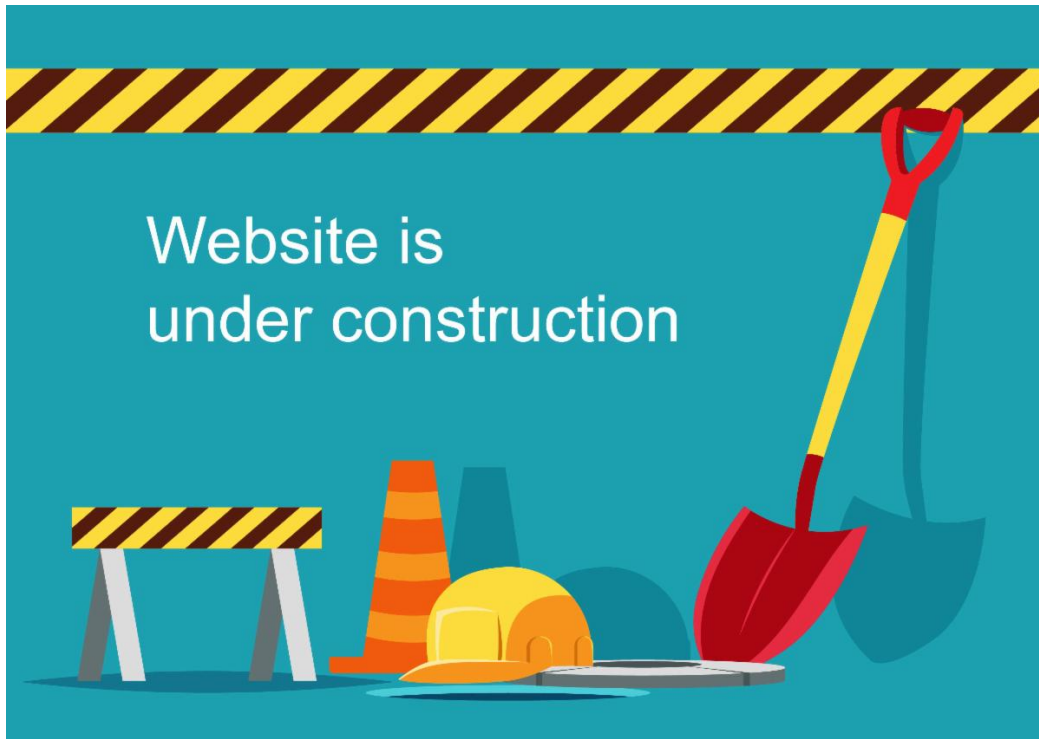


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*Please bare with us as we continue to work to improve our website.*

*If you have any questions while navigating the new website, please don't hesitate to ask.*

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